

Lesson Plan for the Month August 2022 to December 2022		Subject: Psychology	
Name of the Teacher	SONIKA	Class	B.A IIInd (3rd sem)
16-08-2022 To 20-08-2022	Brief history of Psychological Disorders. Discuss the Gutera of Abnormality.		
22-08-2022 To 27-08-2022	Discuss the Meaning, purpose and characteristics of Classification. Discuss the Diathesis stress Model.		
29-08-2022 To 3-09-2022	DSM-IV-TR, Axis I, Axis II, Axis III, Axis IV, Axis V. Short & Long Questions discussed in the class.		
05-09-2022 To 010-09-2022	Approaches of Psychopathology, Behaviour, Psychodynamic Model, Short & Long Questions discussed in the class.		
12-09-2022 To 17-09-2022	Behavioural, Cognitive and Cultural Approaches to Psychopathology. Short & Long Questions discussed in the class.		
19-09-2022 To 24-09-2022	Mood disorder:- Unipolar, Bipolar:- Depression, Dysthymic Disorder, Major Depressive Disorder, Etiological viewpoints of Depressive disorder.		
16-09-2022 To 01-10-2022	Treatment of Unipolar Depression Bipolar Disorder or Manic-Depression disorder Cyclothymic disorder, Bipolar I disorder, Bipolar II disorder.		
3-10-2022 To 8-10-2022	Meaning of Schizophrenia:- Schizophrenia, A historical Perspective, Clinical Symptoms of Schizophrenia. Types of Schizophrenia. Short & Long Questions discussed in the class.		
10-10-2022 To 15-10-2022	Diagnosing the Schizophrenia, Etiology of Schizophrenia. Group discussion activity. Class Test. Giving assignments to the students.		
1-10-2022 to -10-2022	Treatment of Schizophrenia. Long and short questions discussed in the class.		

Sonika

22-10-2022 To 30-10-2022	Break
31-10-2022 To 05-11-2022	Anxiety Spectrum Disorders - Generalized Anxiety disorder, Etiology of GAD, Treatment of GAD. Obsessive Compulsive disorder, Forms of Compulsions, Treatment of OCD. Short & long questions discussed in the class.
07-11-2022 To 12-11-2022	Learning disabilities, Meaning, Nature, characteristics. Learning disabilities, factors, Treatment. Dyscalculia. Short and long questions will be discussed in the class.
14-11-2022 To 19-11-2022	Dysgraphia and Dystexia learning disabilities. Short and long questions will be discussed in the class.
21-11-2022 To 26-11-2022	Treatment of disorders - Biological Treatment - Pharmacotherapy and Electroconvulsive Therapy.
28-11-2022 To 03-12-2022	Psychological Treatment :- Psycho-analytic Therapy, Behaviour therapy and Cognitive Behaviour Therapy.
05-12-2022 To 10-12-2022	Revision of Full Syllabus and test.
12-12-2022 To 17-12-2022	Test revision of Full Syllabus and queries Solved.

Smith

(45-6 days.)

Lesson Plan for the Month August 2022 to December 2022		Subject : Psychology	
Name of the Teacher	SONIKA	Class	B.A I, 1st SEM (4-5-6 days) 3 days in week
23-08-2022 To 27-08-2022	General discussion about Psychology. Meaning of Psychology, Branches of Psychology, Subject Matter and Scope of Psychology.		
29-08-2022 To 3-09-2022	Meaning and Nature of Motivation. Motivation Cycle. Characteristics of Motivation.		
05-09-2022 To 010-09-2022	Types of Motives - Primary Drives Biogenic Motives - Hunger Drives, Thirst Drive, Sex Drive, Sleep Drive		
12-09-2022 To 17-09-2022	Sociogenic Motives: - Approval Motives Affiliation Motivation, Achievement Motivation, Power, Aggressiveness motive. Gregariousness, Self Assertion		
19-09-2022 To 24-09-2022	Meaning of Emotion, Measurement of Emotions, Genesis of Emotion. Bodily Changes in Emotion		
26-09-2022 To 01-10-2022	Theories of Emotion. James - Lange Theory of Emotion		
3-10-2022 To 8-10-2022	Theories of Emotion Cannon - Bard Theory of Emotion.		
10-10-2022 To 15-10-2022	Personality - Meaning / Definition, Nature of Personality.		
17-10-2022 To 21-10-2022	Characteristics of Personality.		

Sonika

17-10-2022 To 21-10-2022	Theories of Personality. Measure - ment of Personality .
22-10-2022 To 30-10-2022	Break
31-10-2022 To 05-11-2022	Cattell Theory of Personality . Class Test .
07-11-2022 To 12-11-2022	Allport theory of the Personality short and long questions discussed in the class .
14-11-2022 To 19-11-2022	Intelligence, Meaning, Nature & Types of Intelligence .
21-11-2022 To 26-11-2022	Measurement of Intelligence, Types of Intelligence test .
28-11-2022 To 03-12-2022	Spearman theory of Intelligence short and long question will be discussed in the class .
05-12-2022 To 10-12-2022	Thurston Multi-factor theory of Intelligence .
12-12-2022 To 17-12-2022	Test Revision of Full Syllabus and Queries solved .

Smith